



BEFORE YOUR VISIT, PLEASE CALL YOUR INSURANCE COMPANY AND ASK:

1. Is nutrition counseling covered? (Codes: 97802, 97803, & 99404)
2. Is Stephanie Willard (NPI 1548925258) covered under my plan? If not, what are my out-of network nutrition benefits?
3. Does my plan cover preventive services? (code: Z71.3)
4. Are there specific “medically necessary” diagnoses covered under nutrition counseling? What are they?
5. Do I need a referral or prior authorization?
6. Is nutrition counseling covered when provided via telehealth?
7. How many visits are covered?
8. Do I have a deductible to meet before insurance pays?
9. Will I have a copay or coinsurance?

Write down the date and reference number
for your call.

Doing this will help ensure you get the
most out of your benefits and avoid
financial surprises!